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THE
MASTERS**

MARINAMEDICAL
Surgeon-Focused Solutions



**FACELIFT AND
NECKLIFT
COURSE**

**SEPTEMBER
10-11, 2022**

**2-DAY HANDS-ON
CADAVER LAB**

DAY ONE

| | |
|-----------------------|---|
| 8:50 am | Welcome and Opening Comments – Jacono, Nayak |
| 9:00–9:30 am | Face/Neck Lift: Lessons Learned Over Nearly 20 Years – Nayak |
| 9:30–10:30 am | Extended Deep Plane Face Lift and Neck Lift: Indications, Technique, Longevity, and Risks – Jacono |
| 10:30-11:15 am | Cadaver facelift demo: Incision design, lateral skin flap elevation, deep plane entry, deep plane elevation, ligament release, muscle/skin flap vectoring, tailoring and inset: Jacono |
| 11:15-1 pm | Hands-on cadaver dissection: Incision design, lateral skin flap elevation, deep plane entry, deep plane elevation, ligament release, muscle/skin flap vectoring, tailoring and inset |
| 1-2 pm | Lunch with faculty |
| 2-2:30 pm | Minimal Incision, Non-endoscopic Browlift - My 2 Favorite Approaches – Nayak |
| 2:30-3:00 pm | Executing Endoscopic and Open Brow Lift to Prevent Your Patients From Looking “Brow Lifted” – Jacono |
| 3-3:30 pm | Cadaver browlift demo: Jacono (subperiosteal/subgaleal) and Nayak (gliding) |
| 3:30-3:45 pm | Q&A |
| 3:45-5:45 pm | Hands-on cadaver dissection: Deep plane facelift (continued), browlift |

DAY TWO

| | |
|-----------------------|---|
| 9:10 am | Necklift Toolbox –Nayak |
| 10–10:30 am | <i>A Novel Lateral Platysma Hammock and Subtotal Platysma Transection for More Durable Neck Lifting</i> - Jacono |
| 10:30–11:15 am | Cadaver necklift demo: Nayak (flap undermining, platysma elevation, deep fat debulking, digastric management, submandibular gland debulking, platysmaplasty) and Jacono (lateral platysma hammock and subtotal platysma transection) |
| 11:15-1 pm | Hands-on cadaver dissection: Neck flap undermining, platysma elevation, deep fat debulking, digastric management, submandibular gland debulking, platysmaplasty/platysma hammock |
| 1-2 pm | Lunch with faculty |
| 2-2:30 pm | <i>Lip lift</i> – Jacono |
| 2:30-3:00 pm | Cadaver lip lift demo: Jacono |
| 3:00-3:15 pm | Q&A |
| 3:15-5:15 pm | Hands-on cadaver dissection: Neck lift (continued), lower blepharoplasty, lip lift |
| 5:15 pm | Final Thoughts, Adjournment, and Farewell |



CONTACT INFORMATION

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